



AGEING CANINE CHECKLIST

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Owner name

Dog name

Date

		Yes	Maybe	No
Mobility	Is your dog slowing down, tiring on walks or wanting to go for a walk less?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Are they struggling with stairs, getting onto a sofa or bed, or stiff on rising?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Are they limping, dragging or scuffing their feet, wobbly or falling over?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dental	Does your dog have bad breath or crusty brown deposits around their teeth (tartar)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Are they reluctant to eat hard foods or have their teeth checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Are they chewing more on one side of their mouth?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Weight gain	Has your dog gained weight recently?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Do they have a fatter belly than they used to?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Weight loss	Has your dog noticeably lost weight or muscle condition even though they are being fed the same amount of food?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Behaviour	Is your dog acting depressed, lethargic, looking sad or disinterested in life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Do they spend nearly all their time sleeping?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Has your dog become grumpier?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Confusion	Does your dog have episodes of looking confused, staring into space, bumping into things or aimlessly pacing?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Have they started waking during the night or become more anxious?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Are they losing their sight or hearing?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

1

Work through the checklist answering each section. If your dog scores red or amber for any questions in any section, please seek advice from your veterinary practice. It can also help to take videos or pictures of anything you find to show them.



		Yes	Maybe	No
Toileting	Has your dog started having accidents or urgency to go to the toilet when they were previously housetrained?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drinking	Is your dog drinking more than usual or urinating more frequently?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lumps	Have any lumps or swellings appeared on your dog's body?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other signs	Is your dog showing any other changes (for example, coughing, panting, scratching, licking, tummy upsets, anything else)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Quality of life	Are you concerned about your dog's quality of life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Is it getting worse?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Care	Is looking after your dog becoming more challenging than it used to be?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
End of life	Finally, although it is incredibly difficult to think about the end of your dog's life, there are decisions that will have to be made when the time comes. It is helpful to think about these sooner rather than later and have discussed in advance with family members. Do you feel prepared for what might happen? Would you benefit from discussing options available with your veterinary practice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Developed in association with UNIVERSITY OF LIVERPOOL

Access the checklist using the QR code, or ask for a copy from your veterinary practice. In your own time, work through each section. If your dog scores red or amber for any questions, please seek advice from your practice.

We recommend working through the checklist every 6 months.

bsava.com/petsavers



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